

# WENTWORTH HOME

*Exceptional Care at an Affordable Price*

## Weekly Dining Menu

*At Wentworth Home, all meals are prepared fresh in our kitchen daily with special attention to great taste and nutritional value. Chef Tim and his staff work hard to provide the best quality meats and produce available, cooked to perfection! We believe that enjoying a home-cooked meal is an important part of life at Wentworth Home.*

### Sunday:

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- Breakfast will include freshly baked scones and fresh fruit, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers a yummy, seasoned pot roast with airy mashed potatoes, roasted carrots and turnips, and served with tangy beets. Dessert will be our ice cream flavor of the day.
- Supper will include a zesty tomato and basil soup served with a hearty roast beef and cheese served on a fresh bulky roll, and juicy peaches. Dessert will be our pudding of the day.

### Monday:

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- Breakfast will include light and feathery scrambled eggs and crispy bacon, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers zesty BBQ chicken, with crisp French Fries, and buttered whole kernel corn. Dessert is fresh picked mixed berries and sweet cream.
- Supper consists of a creamy butternut squash soup, served with grilled turkey & Swiss cheese sandwiches, and sweet pears. Dessert is our famous dessert bars!

### Tuesday:

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- Breakfast will include homemade French toast with maple syrup, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch will be hamburgers grilled by Chef Tim, flavorful potato salad, and snappy green beans. Dessert is a delightfully tart apple pie.
- Supper consists of tasty chicken & rice soup, served with traditional haddock, sandwiches, crinkle cut fries, and fresh watermelon. Dessert is the Wentworth Home cookie of the day!

## Wednesday:

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- Breakfast will include assorted doughnuts, hard-boiled eggs, and sweet ripe bananas, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers delectable grilled rosemary chicken, fluffy rice pilaf, & fresh garden asparagus. Dessert is our ice cream flavor of the day!
- Supper will consist of traditional Italian Wedding soup, Italian cold cut sandwiches and tangy pineapple chunks. Dessert offers sweet and flaky raspberry strudel stick.

## Thursday:

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- Breakfast will include light and airy bacon & cheese omelets, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers zesty chicken parmesan with tangy marinara, linguini, and broccoli in herbed butter. Dessert is a tempting carrot cake with decadent cream cheese frosting.
- Supper will consist of a flavorful minestrone soup, fresh, sliced deli meat rollups, delectable deviled eggs and a variety of cheese and crackers. Dessert offers sweet, plump red grapes.

## Friday:

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- Breakfast will include fresh eggs, juicy ham and sharp cheese served on a flaky croissant, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers fresh, baked haddock with buttery bread crumbs, crisp potato pancakes, and roasted carrots, turnips & parsnips. Dessert is a resident favorite ~ Boston cream pie!
- Supper will consist of classic corn chowder, served with a traditional BLT sandwich, crunchy potato chips and fresh, sweet fruit cocktail. Dessert will be Wentworth Homes' Jell-O of the day!

## Saturday:

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- Breakfast will include toasted bagels with cream cheese and tangy orange wedges, in addition to regular offerings of assorted cereals, breads, and oatmeal.
- Lunch offers tangy sweet & sour meatballs, airy white rice and buttered, seasonal mixed vegetables. Dessert is melt in your mouth blueberry pie.
- Supper will consist of nourishing chicken noodle soup, a garden-fresh Chef's salad and hot from the oven dinner roll. Dessert offers delicious fruit tarts.

***Bon Appetit!***

