Wentworth Home

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Celebrating May May's Entertainment:

05/02 Cat Faulkner

05/08 **Journey Song**

Duke Snyder 05/09

05/16 **Gary Sredzeinski**

05/21 **Bethene**

05/30 Wayne from Maine

Featured Movies & **Documentaries:**

05/01 "The Great Lover" 05/08 "The King and I" "Cheaper by the 05/15

Dozen"

"Dinner with 05/22 Friends"

Memorial Day May 28th!

May's Birthdays

05/01 Patricia Marston & Joseph Heller (1923) Novelist Joseph who wrote "Catch 22" and Patricia ask themselves the Catch 22 question "If you say you never grow older, can you still have a big birthday party?" OH YES!, let's have a big party and yummy cake!

Resident of the Month: Sylvia Mac Kay

Sylvia was a lifelong resident of Eliot, ME before joining us at Wentworth Home in 2017. During the war, Sylvia worked at GE and Sylvania, but her biggest job came after, when she cared for her



children on the 29 acre farm her family lived on! Married to her husband Edson for 49+ years, they raised their three children, Timothy, and twin sisters Nancy & Julie, all who were born only 13 months apart! This made their house a very busy home, as Sylvia raised chickens and goats, but soon she was a fulltime mother of three. Sylvia and Edson built their own home, and Sylvia helped with everything but the roof! She was always active with children, lawn care, gardening, crafting, knitting and she mowed with the family tractor up until she was 75 years old! Sylvia enjoys her church, Eliot United Methodist, where she always been involved with, the Woman's Society, the Thrift Shop, Church Dinners, fairs and Sunday School. Sylvia can often be found working on a puzzle or talking with her family, her sister Dorothy, but what she really wants is for someone to challenge her to a good game of Canasta!

Looking Back.....

Easter Weekend Fun It's celebrated by Claire & some "bunny" named Dorothy! Gertrude has on her Easter bonnet looking

great!



Tommy Tunes in our Gage Room "Lounge"! Henrietta enjoys the strawberry treats, while Tom plays guitar classics.



Sunshine on the Porch The sun porch is finally open and Peggy, Lorraine & Jackie soak up the sun. Claire enjoys the flower porch!



Upcoming Events

Darlene Smith's Retirement Celebration



On May 3rd 4PM-6PM



05/01 May Day Baskets
05/04 Cinco De Mayo
w/ Dover Rotary
05/14 A Mother's Day Tea
05/18 May's Birthday Party
05/22 Painting A Scene
05/25 Spring Fling Luncheon

An April
Birthday
Party Donald
enjoys the
birthday party
celebration for
the month of
April, which
included a fun
lesson on



April's history told by our good friend Andrew Bobo. Gabe is giggling with her



friend Ethel while they wait for the cake decorated like an undersea adventure!

Man's Best Friends



May 6–12 is Pet Week, a week to honor our nonhuman companions. Pets have been shown to make us more empathetic and even interact more with others. Pets also offer many health benefits, too, such

as lower stress, sharper executive function, even a reduction in physical pain. Moreover, people who own pets get more exercise, both physically and mentally.

In many ways, our pets do much more than just act as companions. Three-year old Alida Knobloch of Georgia is literally attached to her pet goldendoodle, Mr. Gibbs. That's because Mr. Gibbs carries her heavy oxygen tank. Alida suffers from a rare form of lung disease that makes it difficult for her to breathe without assistance. With Mr. Gibbs by her side and an oxygen tank carried on the dog's back, Alida is able to run and play. Alida's family is so grateful that they call Mr. Gibbs Alida's "four-legged lifeline."

When a wildlife park became overcrowded with animals, Casey Anderson stepped in to save a baby grizzly bear. Little did Anderson know that the bear, named Brutus, would grow to be one of his best friends and even be the best man at his wedding! Anderson's love of grizzlies led him to found the Montana Grizzly Encounter sanctuary. When Brutus isn't roaming the park, he may be found cuddling with Anderson or eating at the dining room table.

An eight-year-old girl from Seattle befriended an entire flock of crows. As a four-year-old, she often spilled food in her yard, attracting the birds. Over the years she began to intentionally feed them. The crows, one of nature's cleverest animals, were so grateful that they began to bring her gifts in return: buttons, toys, dead fish, rocks, even a plastic heart, which, the girl says, proves "how much they love me." Animals may not be human, but they often bring out the best in us, so during Pet Week make sure you do your part to thank the animal that has given you so much.

Any Way the Wind Blows

The Netherlands is famous for its windmills, which are celebrated on May 12, Windmill Day. As part of Europe's "Low Countries" (so named because of their location below sea level), the Netherlands was prone to flooding. Dutch windmills were created to drain the water from the land. At one point, 10,000 windmills were in operation across the country. Today, windmills in the form of massive wind turbines are making a comeback as generators of electricity.

Wind turbines are often grouped in "wind farms," or arrays of windmills strategically placed in windy areas such as hilltops, open plains, or even offshore. As the wind turns the blades, a rotor spins a generator, which creates electricity. The major advantage of this type of electricity is that there is no dangerous waste created as a byproduct. The main disadvantage, of course, is that these windmills create energy only when the wind blows. However, advancements in technology are creating batteries that can store power for later use. Windmills, it seems, are not merely for tourists anymore but will become part of the power grids of the future.

Lucky Lindy



On May 20, 1927, Charles Lindbergh pointed his *Spirit* of St. Louis airplane down the runway of Roosevelt Field, Long Island, and 33 1/2 hours later he landed in Paris, France. A crowd of 100,000

greeted him as a hero. Lindbergh had become the first person to fly solo across the Atlantic Ocean. Before becoming a national hero, Lindbergh was a mail pilot. He had heard of a promotion, offered by a New York hotelier: the first person to fly from New York to Paris would be awarded a prize of \$25,000. Many attempted the flight and failed, but Lindbergh would succeed. He supervised the building of a custom plane. With four sandwiches, two canteens of water, and 451 gallons of gas, he made the flight and etched his name into the history books.

Mother May I?



Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Dia de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the

third-most celebrated holiday in the world, but the way mothers are honored differs from place to place.

In the United States, the most typical gift given to mom is a Mother's Day card and flowers. It may come as no surprise that the vast majority of Mother's Day cards—80% in fact—are not bought by men but by women. A mother's job is never done, it seems, not even on Mother's Day.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries these days, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on *Dia de las Madres* to serenade mom in the morning before church and then prepare dinner for her. France's *La Fête des Mères* originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I. By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize their vital importance?

May Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Benjamin Spock (pediatrician) – May 2, 1903 Sugar Ray Robinson (boxer) – May 3, 1921 Sigmund Freud (psychoanalyst) – May 6, 1856 Fred Astaire (entertainer) – May 10, 1899 Yogi Berra (ballplayer) – May 12, 1925 George Lucas (film maker) – May 14, 1944 Adrienne Rich (poet) – May 16, 1929 Cher (singer) – May 20, 1946 Sir Arthur Conan Doyle (writer) – May 22, 1859 Bob Dylan (songwriter) – May 24, 1941 Jim Thorpe (athlete) – May 28, 1887 Walt Whitman (poet) – May 31, 1819

A Long Time Ago...



"May the Fourth be with you." So say the millions of *Star Wars* fans who will celebrate Intergalactic *Star Wars* Day on May 4.

What has made *Star Wars* one of the most beloved and successful film franchises in history? When it was released on May 25, 1977, it blew audiences away. In the middle of an era when dark and brooding films were all the rage, this space adventure with cuttingedge special effects, wild aliens, strange other worlds, funny banter, and an amazing musical score was a breath of fresh air. *Star Wars* creator George Lucas had mined both highand low-brow sources for his space opera, paying homage to the filmmakers he had studied during his film school years. What grew out of that first film is a media empire as far-reaching as the evil Empire itself.